

Gymnastics Energy 2020-2021 Competitive Contract Terms and Conditions

Key Dates

- **August 31st 2020-** Deadline to submit registration*
- **September 1st 2020-** GO fee due on Amilia
- **September 2nd 2020-** Annual General Meeting
- **September 8th 2020-11th 2020-** Credit Cards will be charged for first month of training
- **September 13th 2020:** First day of competitive training

Late Charges

*Any package returned after August 31st 2020 without notifying our Executive Director that the package will be late will be charged a late penalty of \$50.00 payable with the first month of training fees.

If you are away and unable to return your contract by August 31st 2020, you must email Holly at gymnastics.energy.director@gmail.com to let her know your intention to return to training. If you contact her before the deadline you will not be charged.

Key Contacts

For assistance in completing your contract or understanding your contract obligations please contact our bookkeeper at: gymnastics.energy.finance@gmail.com

For assistance in understanding your athlete's placement in their training group please contact our head coach for WAG placement at: gymenergy.headcoach@gmail.com and for MAG placement please contact our Executive Director at: gymnastics.energy.director@gmail.com

For any other enquiries you can contact our Executive Director at: gymnastics.energy.director@gmail.com

During the training season, if you have questions about your athlete's training schedule, an injury, Gymnastics Energy's coaching policies and techniques or any other matter related directly to athlete performance/training/classes, please approach your coach first. If they are unable to answer your questions you can send an email to our head coach (WAG/RG) or our Executive Director (MAG) by email to arrange a phone call. Before and after class, and during competitions, the coaches are preparing for their athletes and are not generally available to speak to parents/guardians, please be respectful of their time and of the other athletes in the gym. It is also advisable to wait 24hrs after competition before contacting your coach with any questions or comments regarding your athletes' performance. Please do not contact coaches through their personal cell phones. Please be respectful of the coach's personal time and send all questions and concerns through email.

Volunteer Board of Directors

The board of directors is a governance board responsible for the mission, vision and direction of the organization. They oversee the creation and implementation of policies and

procedures and deal with the big picture issues including financial considerations and overall programming offered.

The Board is responsible for making decisions that are best for the viability and sustainability of the organization as a whole, not the interests of the membership. The board has amongst its members non-voting representatives that advise the Board on the issues and perspective of the organization's members. Contact information for member representatives will be shared upon election.

Executive Director

The Executive Director (ED) is responsible for implementing the policies and procedures set by the Board in the day to day management of the Gym. The ED oversees the administration team and coordinates with program managers in all areas.

Contract Commitment

Gymnastics Energy is a Not for Profit organization that relies on parent volunteers to assist with operations. We are grateful for everyone's contributions to a successful season. It is for this reason all competitive families are required to fulfill volunteer and fundraising commitments each year as part of their registration. Our coaches are hired for a full season and our schedule and budget are organized accordingly.

Training Fees

- No athlete shall be allowed to train without a completed registration package and appropriate payment.
- Mid-year or partial refunds are issued according to the refund policies contained herein.
- Payments are to be made monthly and are due by the end of the first week of the month. Credit cards are charged between the **7th and the 11th of the month**. If you are paying by post-dated cheques please **date the cheques for the Seventh (7th) of each month**.
- Members in arrears >15 days can be suspended from training until the payments are brought up to date or suitable arrangements are made. Unpaid accounts may be passed to a collection agency after 60 days. This includes competitive contract fees as well as fees owing in Amilia.
- All payments will be applied to overdue fees first, even if designated to a different purpose (e.g. meets, attire, other extras)
- A \$50 fee will be applied for NSF cheques and/or credit card declines (for credit cards we will make 2 attempts and email a notification). If your credit card number changes mid-year, please contact the bookkeeper prior to the 5^h of the month.
- Training and competition fees must be paid prior to attending competitions.

Training Fees During Mandatory Shut Downs

In 2020 we experienced an unprecedented mandatory shut down due to a global pandemic. For this reason we changed our payment options to a monthly payment plan for everyone.

Should Gymnastics Energy have to experience a shut down in the future, monthly fees will be payable in full for the month that the shutdown takes effect. The following month, the cost of

training will be reduced by 60% automatically and your account will be charged for the lesser amount.

Now that Gymnastics Ontario has extended insurance for online training, Zoom classes will begin the week following the shut down and will continue until we are allowed to come back into the Gym and resume training.

If you do not want to participate in Zoom classes and maintain your spot on the competitive team, you will be responsible for payment up to the end of the quarter as per the policy above, and the fundraising and volunteer commitments will be waived. Once those fees have been paid, no further payments will be charged and your contract and your membership with Gymnastics Energy will be terminated as you are no longer enrolled in the competitive season.

If you wish to rejoin the team during the same season you would have to pay for the reduced fees in full before you can rejoin your team. While Zoom sessions do not replace in-Gym training, there is an expectation that our athletes maintain a certain level of fitness and dedication to gymnastics that participation in Zoom sessions allows.

If you wish to come back to Gymnastics Energy for future seasons you can contact us and we will schedule an assessment to determine the best place for your athlete on our team, provided space allows. No fees from the previous season would be due in this scenario.

Training Schedule

Although your athlete has a scheduled number of hours per week, Gymnastics Energy reserves the right to alter the schedules throughout the year. The gym will make every effort to provide at least two weeks' notice for these changes.

- Classes cancelled due to statutory holidays, gym closures, gymnastics energy events (both internally and externally), competitions, or dates notified on the seasonal calendar will not be made up. In the event a coach is away unexpectedly, classes may be moved or made up at a later date if a suitable replacement is not available for the regular class time.
- Athletes will not receive a refund or make-up class for classes missed due to illness, vacation or other personal conflicts.
 - On weekends your athlete's discipline is attending a competition, you should expect class cancellations which will be communicated prior to the competition. There will be no make-up classes for training cancelled as a result of competition. Please remember that coaches often work extra hours over competition weekends and will often be off the day following competition.
 - Athletes who are injured are expected to participate in modified training with their class subject to approval from their primary care physician.
 - For information about training during mandatory provincial or regional closures due to COVID-19 or similar shutdowns please see our Refund Policy Section.

Athlete Lockers

Lockers have been made available to all competitive athletes. Due to shortages, all athletes are asked to share a locker with a friend. Families with multiple athletes will be required to share. Due to COVID-19 restrictions lockers may not be assigned as in previous years.

2020-2021 Base Training Fees

Any differences to hours will be adjusted according to the associated Base Fee

Hours	Total Cost	Monthly Fee
4	\$1,360	\$136
6	\$1,800	\$180
8	\$2,290	\$229
9	\$2,470	\$247
12	\$3,020	\$302
16	\$4,030	\$403
20	\$5,020	\$502

** The above does not include other non-refundable fees as listed below*

Other Non-refundable fees:

- **GO Fee:** Every athlete must be registered with **Gymnastics Ontario (GO)** in order to train. This annual fee covers **September 1st, 2020 to June 30, 2021**. It is due upon registration and must be paid in Amilia.
 - **Recreational & ODP:** \$35
 - **Invitational (WAG Compulsory Level 1-5, MAG Interclub, Rhythmic):** \$145
 - **Provincial (WAG Optional Level 6+, MAG Provincial):** \$285
 - **National (all disciplines):** \$400
- **Choreography Fee:**
 - \$200 for WAG Optional Level 6+ and Excel athletes who require a new floor routine (Athletes receive a new routine every two years)
- **Competition Fees** – A list of competitions your athlete is invited to attend will be sent out in the Fall, or as soon as the Gymnastics Ontario confirms the 2021 competition timelines. Fees are paid on Amilia for the registration cost of the competition and are due within 30 days of receiving the list of competitions. Cost sharing fees will be calculated once the rotation schedule is released for each competition- usually within 3 weeks of the actual competition. Cost sharing will be due prior to competing. For our cost sharing policies, visit the policy forms attached. Athletes may be ineligible to compete if their account is in arrears.
- **Attire & Accessories** – New designs for Women's Training and Competitive suits are purchased every two years (in alternate years). Men's suits will be determined on a year to year basis. This year it is anticipated that we will be purchasing Women's Training Suits and Men's competitive suits and potentially new track suits / accessories.

Notice of Risk

There is a potential risk of injury in training and participating in any sport. Both Gymnastics Energy and Gymnastics Ontario have created a safe and controlled environment for participation. Rules have been established for participation and conduct in and around the gym area that must be followed. The club has the right to remove any participant, member or visitor for non-compliance. Gymnastics Energy and Gymnastics Ontario will not be held liable for any injury or harm to participants, loss of property or other accidents/incidents which may occur on the premises or during gym-sponsored activities.

Volunteer Hours

All athlete families are required to fulfill annual volunteer and fundraising requirements. Post-dated cheques or a credit card authorization are required to allow Gymnastics Energy to charge families who are unable to complete their requirements or decide to opt out. Each volunteer shift will be approximately 4-5 hours.

6 or less Hours – 4 Shifts (Fee is \$300)

8-12 Hours – 5 Shifts (Fee is \$375)

16 + Hours – 6 Shifts (Fee is \$450)

Please review the Volunteer & Fundraising Program Policy for more details.

Any questions regarding volunteering should be directed to the volunteer committee at:

gymnasticsenergyvolunteer@gmail.com

Fundraising

All fundraising requirements and fees can be found on the Volunteer/Fundraising Checklist form. Any families choosing to OPT OUT of their required fundraising commitments are asked to post-date their cheque for January 15th 2021.

Families training 7 hours or LESS are required to fulfill:

- Two (2) tier one fundraisers

Families training 8 hours or MORE are required to fulfill:

- Two (2) tier one fundraisers
- One (1) tier two fundraiser

Any questions regarding fundraising should be directed to the fundraising committee at:

fundraising@gymnasticsenergy.ca

Special Committees

The gym requires additional support to help organize and run various activities. Members may choose to volunteer on a special committee. Members will be selected and notified by September 30th, 2020. All Special Committees will have a Board Liaison. Those selected will be exempt from various commitments. For more information please see the Volunteering/Fundraising Selection Form.

Mandatory Meetings

Gymnastics Energy's AGM is anticipated to be Monday, June 21st 2021. To encourage attendance of all members, a \$50 fee will apply to athlete families who are not able to attend or send a proxy. All families/members in good standing are invited to attend the AGM where voting for new elected board members will take place. One vote per athlete will be allotted. Post-dated cheques are to be dated June 21st, 2021.

Photo and Media Release

By registering your athlete for our program, you consent to allowing Gymnastics Energy, coaches, media, and authorized visitors to take photographs, videotape or digital recordings of my child and to use these in any and all media, including (but not limited to) the Gymnastics Energy, Gymnastics Ontario and Gymnastics Canada websites and the related social media pages. (Parents/guardians who would not like to give consent must email Gymnastics Energy or fill out a form in the office; athletes may be excluded from certain events to avoid being photographed).

Registration Requirements

All forms in the registration package must be filled out to their entirety and handed into the office. Registrations will be confirmed only once all forms are reviewed by office staff and first payment is received.

Other Policies

Please read through the policy forms that were sent via email and posted on our website. Your signature on the Registration Form means you accept all policies outlined here and within these policy documents.